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Alpine Adaptive Ski Program

The Regina Alpine Adaptive Ski Program believes that all people have an equal right to participate in Alpine Skiing regardless of ability

The Regina Adaptive Ski Program has adaptive ski equipment for various types of disabilities. We offer lessons to individuals with cerebral palsy, spina bifida, spinal cord injuries, multiple sclerosis, muscular dystrophy, visual impairment, and lower extremity amputations that can wear a prosthetic which supports some body weight.

Our program has instructors with specialized training and certification through the Canadian Adaptive Snow Sports (CADS) with Level 1, Level 2, and Level 3 Certifications.

Training days will be held at Mission Ridge Winter Park at Fort Qu'Appelle, Sask. Mission Ridge has added many features to make their facility handicapped accessible, accessible washroom, ramps, elevator, carpet lifts and chair lift.

Check out the Regina Ski Club Web site: www.reginaskicloud.ca look under Programs / Alpine Adaptive Ski Program Tab

2025-2026 Program Days

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|--------------|---|-----------------------------------|
| • Dec 8-13 | Silver Star BC Camp | Extra Cost (Contact Gord Poulton) |
| • Jan 10 | Training Day Mission Ridge | Included in Membership Fees |
| • Jan 17 | Instructor Training Days Mission Ridge | Contact Gord Poulton for details |
| • Jan 24 | Training Day Mission Ridge | Included in Membership Fees |
| • Jan 31 | Training Day Mission Ridge | Included in Membership Fees |
| • Feb 7 | SaskTel Challenge Cup Mission Ridge | Included in Membership Fees |
| • Feb 14 | Training Day Mission Ridge | Included in Membership Fees |
| • Feb 28 | Training Day Mission Ridge | Included in Membership Fees |
| • March 7-14 | CADS Festival Kimberley BC | Extra Cost (Contact Luc Lemoine) |
| • March 28 | Training Day Mission Ridge or Asessippe | Included in Membership Fees |

Cost of the program (6 days at Mission Ridge) \$150.00 for the season.

All Participants MUST BE REGINA SKI CLUB and CADS MEMBERS

For further information contact:

Gord Poulton, Carrie Darin or Luc Lemoine at reginaaaskiprogram@gmail.com