



# Annual Report to AGM April 28, 2024

## President's Report

### Dale Hjertaas

It was a winter of little snow, which did produce challenges for the ski community. Gregg Brewster notes the grooming period at White Butte, January 11 to March 11, was the second shortest on record. Lack of snow and warm weather also impacted our alpine program, as Mission Ridge, in spite of snow making ability, did not have enough snow to allow on hill training to start until January 7, instead of the scheduled December 3. As James Millar notes in the Nordic Youth report, lack of snow required some creative programming. Indoor training and roller skiing were part of training programs for athletes. The Biathlon program was also impacted by lack of snow.

The Qu'Appelle Valley Nordic Club at Lumsden has developed the ability to make snow for a section of their trail. Our Nordic racers partnered with Qu'Appelle Valley Nordic to train at their facility, making use of the man-made snow. To support Qu'Appelle Valley Nordic participants obtained a membership or paid a per-use fee for their facility. Several of our Wednesday Night Races also took place at Lumsden.

Club membership, at 594, is down about 10 percent from last year. The decline is primarily in Nordic members. I expect the poor snow is a major reason for the decline, so hope for an improvement next year.

We ran 6 recreational bus trips this year as planned, though a number of them were rescheduled and rerouted to address lack of snow and weather challenges. All trips were successful. While we did not have any specific alpine trips, 8 to 10 skiers on the Fred Cameron Memorial trip used Sunshine Village Express Bus to alpine resorts each day.

We moved to registering for bus trips using Zone 4 this year. We made this move for several reasons including convenience for members to register and because many people do not use cheques anymore. The system worked well, and we intend to continue with on line trip registration.

The Club's close working relationship with City officials, led by Gregg Brewster, continues to produce benefits for skiers. The City invited the club to groom a new ski Trail on the Keith Goulet Golf Course at the west side of the City next winter. They have space for equipment

storage and Gregg has a groomer willing to groom there next year. This will be a good addition to our ski trails as we have no trails on the west side of the City.

The City have advised us they plan to construct a new, all-season washroom near the spray pool at Kinsmen Park. We have taken many opportunities to explain to City and Provincial Capital Commission officials that washrooms are an important part of a winter recreation strategy. I am very pleased that we will have a winter washroom at Kinsmen Park. Once the old washroom, which was damaged in a fire, is knocked down the City will work with us to build a new storage building for our snowmobile and grooming equipment. This will be a major improvement, providing safer storage and eliminating the need for groomers to hook up the grooming equipment each day.

Regina Alpine Race Team had 51 athletes this year, up two from last season. There were 75 young people in the Nordic Youth Program, down from 92 last year. We think this decline is a result of the poor snow conditions.

Our Alpine Adaptive Program has 18 members, with 7 active instructors, 8 active students and 3 volunteers. I was able to volunteer at the Sasktel Challenge cup again this year and was again impressed as I watched blind and disabled skiers ski down the hill with the assistance of their coaches. My admiration for this program, and the coaches who make skiing available for people who otherwise simply could not ski, grows each year.

I note that our youth programs are largely limited by our coaching capacity. Whether its alpine or Nordic, coaches are a limiting factor. We owe a great deal to the coaches and increasing numbers of coaches is desirable, but a challenge.

My most significant work over the past year was reviewing the bylaws and the Non Profit Corporations Act and preparing the amendments you will consider today. Besides bringing our bylaws into compliance with the legislation, I have proposed amendments, based on my experience on the Board, which I believe will be beneficial and provide greater clarity, especially around the operation of RART. When I became president, I was confused by how RART fit into the Club. I believe the proposed amendments, which have been reviewed by both the Club's Board, and the RART Board, provide greater clarity and a stronger legal framework for our continuing operations.

Today marks completion of my 11<sup>th</sup> and last year as resident of Regina Ski Club. I have enjoyed the role. That is because the work is very worthwhile and, very importantly, the Board members and other volunteers have been great to work with. Whether they are Board members, groomers, coaches, race officials, trip leaders, social event volunteers or volunteers in many other roles, I have found the volunteers a wonderful group committed to make skiing fun and accessible. That makes being the President easy. Thank you to all the volunteers.

Speaking of volunteers, we have a number of Board members stepping down this year and I wish to acknowledge them and thank them for their great service:

- Linda Lyster after 11 years as Secretary
- Merle Boyle, , Biathlon Director for many years, stepped down part way through the year. Erin Tyson replaced him.
- Jacqueline Roy, Member at Large, also left the Board during the year after being nominated as a candidate in the next provincial election.
- David Brock retired part way through the year as Nordic Youth director, and was replaced by James Millar.
- Karen Hardy, after about 9 years as Publicity Director and after producing many fine issues of Sitzmarks, has moved to Hudson's Bay and so is leaving the Board.
- Dave Wessel – looked after web site for about 12 years and had a very important role when we renewed our website a couple of years ago.
- Leona Spruyt – our very energetic social director and great recruiter of new Board members, is leaving the Board this year but will continue volunteering with Nordic trips.
- Assistant Treasurer Val Biden has looked after the income side of our Finances.

I am grateful to our Vice-President Yens Pedersen, for agreeing to stand for President. Yens is a very capable gentleman who will do a great job as President.

## Interim Financial Report as of March 31, 2024

(Note fiscal year does not end until May 31, so there will be additional expenses and income before year end.)

Programs	Actual			Budget		
	2023-24 Actual to March 31, 2024			2023-24 Budget		
	Revenue	Expenses	Profit (Loss)	Revenue	Expenses	Profit (Loss)
ADMINISTRATION	35	9,757	-9,722	4,000	11,350	-7,350
MEMBER SERVICES	16,651	10,121	6,530	23,067	14,350	8,717
Nordic Youth	46,092	63,792	-17,700	57,964	63,288	-5,324
Alpine Recreational	0	150	-150	0	0	0
Nordic Tours	25,900	24,016	1,884	22,450	22,298	153
Nordic Facilities	61,334	18,906	42,428	78,680	58,232	20,448
Alpine Adaptive	7,165	17,120	-9,955	21,535	32,170	-10,635
<b>Total Non- R.A.R.T.</b>	<b>157,177</b>	<b>143,862</b>	<b>13,315</b>	<b>207,696</b>	<b>201,687</b>	<b>6,009</b>

Note the Treasurer is on vacation, so the financial report is from March 31<sup>st</sup>, just before he left.

The report does not include financial data from RART, which has a separate back account.

Substantial revenue, approximately \$14,000, related to the Challenge Cup in the Alpine Adaptive Program, is not reflected in this statement.

Nordic Facilities shows a large surplus. During the year, the Kinsmen Park Committee, which had maintained a separate bank account outside of the club, merged their finances with the Club and transferred their money to the Club, giving the Kinsmen Park part of the Nordic Facilities program a surplus of \$36,733 at March 31. The kinsmen Park Committee has plans to expend these funds over the next couple years on improvements at Kinsmen Park.

## **NORDIC FACILITIES**

### **Gregg Brewster**

Snow was delayed till January 11<sup>th</sup> & melted March 11<sup>th</sup> making for one of the shortest seasons (2 months) on record. Total trail grooming time was 240 hours for 7 trails, compared to the longest recorded season of 5 months (2022-23; Nov 11-April 11<sup>th</sup> ; 735 hrs grooming time). Shortest season was 2015-16 (1 month; Jan 15 – Feb 18; 356 hrs grooming time).

Nordic Facility improvements began in September at WBT. At the SW trailhead the parking lot was expanded, fenced & solar lit. Also a 1 km section of treed walking/pet trail was added using huge mulching machines. Also there were 2 new sections of ski trail mulched, one on East Butte (200 M) to avoid a melt-prone trail section & the other on West Butte (100 M) as an alternative to the steep “S turn hill”.

Nordic Facilities changes to city ski trails included closure of AEWP trail due to City of Regina (CoR) discovery of soil contamination. However, the subsequent cooperative RSC/CoR plan for a ski trail on the Goulet Golf Course in the city northwest next season is encouraging.

At KP, the July fire in the aging washroom paved the way for a commitment by CoR to build a new 4 season washroom near the summer spray pad & facilitate a new RSC machine storage building in partnership with the RSC at the current site. Construction of both structures is tentatively scheduled for summer 2025.

Also, planting of a small (1.7 ha) urban forest in Les Sherman Park will begin in May 2024, by the Cathedral Community Association. The project will incorporate a section of the LSP ski trail & serve as a pilot for other city parks, particularly KP, DP, WP, AEWP & possibly GGC.

There were 24 RSC groomers on this season’s list, 19 of which were active (WBT-7, KP-5, DP/WP-4 & LSP-3). Thanks to these dedicated RSC volunteers for salvaging a short but interesting season.

## **NORDIC TOURS**

### **Kim Smith**

Although skiing didn't start out with ideal conditions with fluctuating temperatures and snow throughout the season, six bus trips were enjoyed by all the participants. Detours, not only with regards to destinations, but also dates for a couple of trips helped with this accomplishment. All trail sites, our club members participated at, were as ideal as possible with an outstanding effort of overall commitment knowing the value of possibly limited conditions for skiers.

Then there's our team of trip leaders:

1. Leona & Jack Spruyt- January 6, Kenosee - 46 trip participants

2. Guy Hughes- January 25-29, Canmore - 48 trip participants
3. Cheryl Camillo- February 10, Madge Lake – 35 trip participants
4. Dave Safnuk- February 17, Kenosee - 36 trip participants
5. Aldona Turgunrod- February 24 Kenosee - 41 trip participants
6. Kim Smith- March 2-4, P.A. Nat'l Park - 28 trip participants

Commitment is the main reason trip leaders are so dedicated to our club. They receive their trip paid for, that's it. There's always concern and more so when trip dates change or event uncertainties arise. They sacrifice to a degree so everyone involved will have a good time.

These people are only a part of so many club members who keep our club on track.

On that note-

If anyone is interested, or has the skills to help within any areas of our club please let the appropriated board member(s) know. You may not be interested now, but knowing there's a possibility in the future may be a benefit to the club.

Everyone in place now is still committed for next season, as far as I know. However I would appreciate knowing that backup replacements may be available. You'll feel good giving back to the club that gives you so much!

Thank you to both Karen Hardy and Dave Wessel for continuous promotion and website revisions and updates.

Dave Safnuk set up an e-transfer form of payments for our trips this season and Leona Spruyt was the one keeping it all in order. Of course as with anything new there were a few bumps in the road. I know it put a lot of pressure on Leona and whether we keep this form of payment in place or not will be decided by next season.

-Input and Concerns From Club Members-

We still want to hear from you!

Planning is in the works for next seasons trips.

Some changes will be taking place.

This is your opportunity to offer input.

What is important to you when it comes to bus trips?

No we won't be able to please everybody.

However we will endeavour to do our best for you our club members!

Stay informed and promote our club to family and friends.

Website, [reginaskiclub.ca](http://reginaskiclub.ca)

Also

Facebook Accounts

Regina Ski Club

Regina Ski Club Fun on The Trails

Please remember to keep The Regina Ski Club sponsors in mind for not only the nordic & alpine trips but all aspects of our club. They support us. Please support them.

- Emsco - RART
- Folk Construction - RART
- Fresh Air Experience - (FAE)
- Ground Effects Environmental Services - Super G Sponsor of RART
- Jeux de Canada Games Foundation
- K&D Truck Parts & Service – Giant Slalom Sponsor of RART
- Mission Ridge Winter Park
- Munro Homes – Slalom Sponsor of RART
- Nystuen Trust
- Provincial Capital Commission (PCC)
- Regina Wildlife Federation (RWF)
- Rural Municipality of Edenwold
- Saskatchewan Parks Culture & Sport (SPCS)
- Saskatchewan Wildlife Federation (SWF)
- Saskatchewan Winter Games
- Sask Sport
- SaskTel – Gold Sponsor of the Alpine Adaptive Ski program
- Sunshine and Ski
- West Landing Dental - Giant Slalom Sponsor of RART
- Young's Equipment

## **Regina Alpine Race Team (RART)**

### **Kelly Lucas**

This year started off with 14 evenings of preseason dry-land conditioning training in the park by the Science Centre that eventually moved indoors to Level 10. The highlight of dry-land was the weekend hike Coach Morgan suggested at Mission Ridge Winter Park.

The RART family of volunteers helped out with the Ski Patrol's annual Ski Swap in November where we had great interest in the club at our display table near the exit. It was another well attended and successful event. Over 150 RART/SK Alpine brochures were handed out.

Optional race program pre-season training camp started at Panorama November 9th to 14th with mainly man-made snow. Optional early mountain camp was based out of Canmore with day trips to Lake Louise and Nakiska from November 22nd to 25th with well below average snow coverage taking advantage of the hills with snow making equipment. For the first time in a long time we did not visit Sunshine Village for lack of snow.

Mission Ridge training ski season was scheduled to start on December 3rd but just like 2022 season was delayed. Even worse than 2022 there was no snow until January 7th to start training at Mission Ridge so some indoor dry-land training happened at various city facilities. The December scheduled EL coaches training was also delayed until the new year due to lack of snow.

This year we had 23 U12-U18 Race Team athletes and one Para-Alpine athlete. The Nancy Greene U6-U14 had 27 athletes.

Race Team training consisted of 24 scheduled days at Mission Ridge, a few were cancelled due to cold (hill not open), and due to lack of snow in December we didn't start Mission Ridge training until January 7th. The first Sask Cup race was to be held January 26-28 at Timber Ridge but was moved to Table Mountain due to lack of snow and eventually cancelled all together. The first actual SK Cup race was at Table Mountain as a Ski Cross event February 15-18. This year saw the return of a SK Cup race in the Mountains at Kimberley February 20-23 as a GS race. It was very well attended from all over the province. This years final was held at Mission Ridge March 7-10.

Nancy Greene had 12 scheduled Sundays of training, but a few were cancelled due to cold. They had a race festival January 19-21 at Mission Ridge, another February 2-4 at Table Mountain and their final at Wapiti March 1-3. The older U10 athletes were also invited to attend the SK Cup Final held at Mission Ridge March 7-10.

Sask Alpine and RART organized online training days for Level 1 and 2 officials' courses as well as Ski Cross officials. Entry Level (EL) coaches training was also scheduled for December but moved to January.

We are taking opportunities to acknowledge Mission Ridge for all their accommodations and support during our regular training sessions and especially for the SK Cup Finals where they went above and beyond.

Our season ended with the annual President's Cup fun day event March 24th at Mission Ridge.

## **Alpine Recreation**

### **Brent Rosbrook**

Success for Alpine during Canmore, AB. Fred Cameron Memorial trip using Sunshine Village Express Bus to mountain via coordinated assistance for rendezvous.

Several new FUN members kept our presence of 8-10 RSC skiers each day. Showed 'ropes' to newbies. New ski friends created as most are combo Nordic/Alpine.



Explored Canmore Alpine Adaptive CADS ski club facility taking part as 'shadow volunteer', on Sundays event.

Completed NCCP -National Coaching Certificate Program – “**Safe Skiing in Sport**” focused for teaching behaviours towards students'; discrimination, isolation, inappropriate power over co—coaches/youth skiers, observance of normalization behaviour in 'grooming' athletes (predatory or sexual advances) and follow through reporting to authorities.

**Take away for activities in sport; there is NO reprisal to informers as discipline will further follow if discovered albeit anonymous.**

Course cost is covered by Alpine Canada or CADS organizations.

Expenditure request for advertising to sell seats for feature film fundraiser featuring adaptive Sit skier athlete **Trevor Kennison of Full Circle “A story of Post Traumatic Growth.”**

Moonlight Movies Cinema (prev. Rainbow theatres) Golden Mile Mall Albert St. Regina

**Saturday March 2<sup>nd</sup> \$20 Movie at 7 pm.** Casual - Social gathering at Rack post film for 'critique' and snow reports!

RSC skiers have generously purchased 17 seats advance from Canmore trip announcement!

Prairie Dog Magazine Advertising will used for goal to sell out for Regina and area.

Other media is no cost once approached but covered is random from group experiences.

## **Social Director**

**Leona Spruyt**

### White Butte Trail Clean-Up

The social committee served ninety hot dogs as well as coffee, hot chocolate, and juice to the White Butte trail clean-up volunteers on October 21<sup>st</sup>. Thanks to Helen Agar for barbecuing the wieners.

### Information Social

The Information Social held from 2pm-4pm on November 5 at the Cathedral Village Neighborhood Centre was attended by approximately ninety people with about ten new people expressing an interest in club activities.

- With registrations, including all ski trips, having been converted to online, a new format for this gathering was needed.

- Board members were introduced, and Nordic trip locations were mentioned. This was followed by the voting of the Financial Report. The question-and-answer portion of the afternoon was interactive and informative.
- Fifteen items were donated for door prizes by Fresh Air Experience as well as twelve toques from the RSC.

Special thanks to

- a. Jack Spruyt, Guy Hughes, and Kim Smith for assisting with the set-up of tables, chairs, and placement of posters on the wall.
- b. Brent Rosbrook for the use the microphone.
- c. Katherine Kelly for attending to the door prizes

### Walk in White Butte Wonderland

There were about forty enthusiastic people at the White Butte ski shelter for the Walk in White Butte Wonderland gathering on December 30th. Coffee and hot chocolate were available as well as goodies provided by the attendees. Many suggested we do this again.

### Super Sunday Ski

The gathering at White Butte shelter on January 21st was well attended and enjoyed by all. Thanks to Sylvie Roy and Valerie Biden for hosting at the shelter.

*Thanks to all members who attended these events with your smiles and laughter. Your presence guides the club into the future.*

## **Nordic Youth**

### **James Millar**

After seven years as a Jackrabbits program parent and six years as a coach volunteer, this past December I took over from David Brock as Nordic Youth Director, providing support to the programs we offer to the youngest in our Nordic Community.

We are, unfortunately, limited by what Mother Nature provides and marginal snow conditions and extreme weather for much of the season required 'creative' programming. Registration levels were down in 2022-2023 due to the lack of snow although our organizers (Calvin Lai & Christina Winter) did a great job communicating with participants. With improved snow conditions we fully expect a strong bounce back next season as our year-over-year trend shows an increase in participation and retention in our Nordic Youth programs.

Registration numbers this year were:

Bunny Rabbits: 16

Jackrabbits: 33

JackRabbits Pre-Competitive: 5

Adventure Ski: 3

Track Attack: 11

High Performance: 7

Despite the challenges, the Nordic Youth program was able to provide a full suite of Nordic skiing opportunities for Regina and area youth from the ages of 4 all the way up to their graduation out of the youth programs. This is in no small part due to the fantastic work of the eager volunteers who have supported the program - truly a great bunch of people. I would be remiss not to recognize the strategic thinking and progress of my predecessor in this role, David Brock, who has helped set in motion many actions to support the sustainability of the program, which is very much appreciated.

If you are looking for more activity in the winter and want to share your love of skiing, reach out to us at [jackrabbitskiclub@gmail.com](mailto:jackrabbitskiclub@gmail.com). You are sure to learn a thing or two as well!

The success of the competitive program rested this year on our lead coach Scott Brunskill (High Performance and Track Attack), following Coach Andre's recent relocation to Ottawa. While we will continue to look for a second lead coach to support our programs, Scott continues to further his training along the Nordic Canada Coaching Pathway to the benefit of our youth program participants. It cannot be understated how much Scott contributes to the program. It is very much appreciated.

This year the High Performance and Track Attack again benefitted from a generous donation from the Nystuen Trust, via the National Sport Trust Fund; this contribution from the Nystuen Trust enables dedicated coaching and training for athletes to compete. This particularly enables ongoing learning and certification by our dedicated coaches.

Our volunteer coaching team included Tim Sweeney (Jackrabbits Pre-Competitive), Ian Mulholland, Liz Tomczack, Tim Sweeney, Sandy Bain, Laura Fauchon, Adam Clay, Melssa Vass, James Brown, and myself.

Our Track Attack and HP teams were supported at events by many parents lending a helping hand. Special thanks to Shannon Hood-Neifer for her dedication and support waxing ski on race days. Thanks to Mark Dynna for his help managing our team race suit inventory.

The on-snow season was slightly delayed due to the lack of snow so in response, the roller skiing season was extended with youth skiers regularly making their way around the Arboretum, Wascana Park, and the trails in the Northwest area of the City.

When the snow did fall, it didn't always stay so the training teams partnered with Qu'Appelle Valley Nordic to train at their facility, making use of the man-made snow. In order to support their club, participants obtained a membership in their club or paid a per-use fee for their facility.

In addition to his duties on the Nordiq Canada board and being a local resource for Regina Ski Club, Brennan Craig again hosted adult lessons this year which I supported. We had great weather for the sessions and Brennan did a great job creating a warm and supportive environment for new skiers and those looking to improve their rhythm. These programs are a great opportunity for the general ski community and parents to improve their skills with funds being redirected back into the Nordic Youth programs.

The larger Saskatchewan cross country race ski community worked extra hard to create a successful season despite the challenges with snow. The provincial training season began in Waskesiu in September with the provincial dryland training camp, followed by the on-snow training camp at Lake Louise in November. Regina Ski Club members participated in these events and early season Alberta Cup events, Sask Cups, and the National Championships.

Owing to what a truly odd season it was, the Saskatchewan Provincial Championships were rescheduled from Regina to Saskatoon only a month after the Saskatoon event had to be canceled due to lack of snow. In the interim - La Ronge offered to host and was about to be the host until Saskatoon got a dump of snow. We appreciate both the La Ronge club for offering to host another race and the Saskatoon club hosting this event. Saskatoon parent and club volunteers moved snow for many hours to create a stadium for the event. The Regina team had a fantastic time (look at those faces) and we are eager to host the Saskatchewan ski community for future provincials.

A local highlight of the season was the Wednesday night races coordinated by Sandy Bain and Scott Brunskill and the collaboration with the wonderful and humble Kinsmen Park grooming team. Open to all and shared on Facebook, members of the Regina Ski Club and QVN participated in the Wednesday night races creating some of the largest races in years. With the cancellation of many events this became an important racing opportunity for team members and was very appreciated.

Now that the season is over - training plans have been distributed for summer training to set athletes up for a successful 2024/2025 snow season. Dryland training for U14 and older athletes begins in May with training for younger athletes beginning in September.



Last, but not least, the members of the Nordic Youth Programs thank the groomers for all the work they did this winter to set track when possible. Your dedication is appreciated.

## **Communications**

### **Karen Hardy**

This season there were 21 emails including 6 Sitzmarks. 2 different posters were made up for club events and 1 for the Banff Film Festival. Also 2 sets of 200 brochures were made up to hand out at signup and the Banff Film Festival.

This will be my final report for the Regina Ski Club. It's been an honor and a privilege to serve on this board. I have learned so much!! I look forward to seeing you on the trails and in the Sitzmarks!! And one last thing. It's Em's 90th birthday the end of May. Please help her celebrate at White Butte Trails. I will be emailing the details shortly as my last contribution to the club.

# Alpine Adaptive Ski Program

## Gord Poulton

### Program

- Program has 18 members, with 7 active instructors, 8 active students and 3 volunteers.
- On snow program began on January 13 and we had 6 training days, 1 Mountain Para Camp and our SaskTel Challenge Cup on February 10.
- We had 2 days with Chloe at Kimberley with her parents and met up with Allan Watson (CADS level 4 instructor) from Kimberley.
- We have 4 members attending the Ramp it Up Event held by BC Adaptive at Vancouver, with skiing at Whistler and Grouse Mountain and U try it events in Vancouver April 8 to 12<sup>th</sup>.

### Instructor Training

- We have 3 new volunteer instructors, Doug Burnett, Brent Rosbrook, Karen Allan and Kurt Allan. Doug Burnett completed the CADS Level 1 training in March, Brent Rosbrook is a trained volunteer in Sit Ski and VI modules, Karen and Kurt Allan are trained volunteers in the Sit Ski Modules, all the courses were conducted by Gord Poulton.
- 6 Instructors attend the CADS recertification and ski improvement held by Dave Zerr on Jan 27<sup>th</sup>.
- Joshua Schramm, James Lewis (guide), Nolan Barnes and Gord Poulton attended Silver Star Camp in December.
- Gord Poulton recertified his Level 3 Course Conductors accreditation with CADS at the 3 day on line Pre-course held at Big White.
- Looking for more volunteers for instructors and helpers at the hill.

### Para Alpine Race

- Kurt Oatway returned to the National Para Team with the goal of attending the Paralympics in Italy in 2026.
- Kurt placed second in the FIS Para World Cup Point race for Down Hill.
- Kurt Oatway spent the summer, dryland training in Whistler and Calgary. He is currently placing in the top 5 on the World Cup Para Circuit.
- Joshua Schramm continued to train with the Regina Alpine Race Team with his Guide James Lewis.
- Joshua Schramm trained at Silver Star with his guide James Lewis, and attended the Ramp It Up Event with the BC Adaptive in Vancouver April 8-12<sup>th</sup>.
- Joshua Schramm did not compete this year in any Sask Cup events as his guide James was not available for any of the race weekends.
- Nolan Barnes trained with the Big White the Powder Hounds Adaptive Program. He also attended my Silver Star Para Camp in December 2023.

### **SaskTel Challenge Cup Race / Fundraised event**

- The SaskTel Challenge Cup race was held February 10 with 11 teams and 40 volunteers making it a great success.
- This year we had 12 individuals with a disability attend the event and all had a great time. (<https://reginaskiclub.ca/2024/03/challenge-cup-2024-photos/>)
- This is the 18<sup>th</sup> annual event and SaskTel has been our Gold Level Corporate sponsor from the beginning, Thank You SaskTel.
- We had corporate sponsorship from Young's Equipment, Delgeman Industries and Great Western Brewing Company for our luncheon sponsors, Signage sponsors where CNIB and Warman Directional Drilling and Mission Ridge Winter Park for venue and food services. Sunshine and Ski for equipment rentals and team sponsor.
- I would like to thank all our corporate sponsors and volunteers for making the SaskTel Challenge Cup a huge success again this year.

### **Para Awareness Activities**

- We had SaskTel MAX TV video tape the event again this year and it is currently running on SaskTel Max TV.
- Regina Ski Club is sponsoring a table at the Banff Mountain Film Festival in Regina on April 19-20<sup>th</sup> and we are manning a table with our adaptive equipment on display and with information to hand out.
- Dave Zerr and Gord Poulton did an equipment overview with the Canadian Ski Patrol for safety and awareness for the patrol and a ½ day ski improvement session. Cathy was very pleased with the response that she got from her patrollers and wants to do it again next season.

### **Fundraising**

- We received a Community Grant from Fort San from which will help purchase new Standing Frame to work with our adaptive skiers.
- We hosted a film night at the Moonlight Cinema.
- We held a 50/50 draw and a bottle raffle at the SaskTel Challenge Cup.

### **Equipment**

- We purchased a new standing frame for our adaptive skiers to use, it has turned out to be very successful with Chloe.

## **Alpine Recreation**

### **Brent Rosbrook**

Success for Alpine during Canmore, AB. Fred Cameron Memorial trip using Sunshine Village Express Bus to mountain via coordinated assistance for rendezvous.

Several new FUN members kept our presence of 8-10 RSC skiers each day. Showed 'ropes' to newbies. New ski friends created as most are combo Nordic/Alpine.

Explored Canmore Alpine Adaptive CADS ski club facility taking part as ‘shadow volunteer’, on Sundays event.

Completed NCCP -National Coaching Certificate Program – “**Safe Skiing in Sport**” focused for teaching behaviours towards students’; discrimination, isolation, inappropriate power over co—coaches/youth skiers, observance of normalization behaviour in ‘grooming’ athletes (predatory or sexual advances) and follow through reporting to authorities.

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## Membership

### Dorothy Josephson

The club has 594 members, down about 10 percent from 679 last year and 708 the year before. The table below shows most of the decline was due to less Nordic skiers purchasing memberships. The poor snow year undoubtedly contributed to the decline in membership.

Category	2024 members	2023 Members
Regina Alpine Race Team	106	101
Alpine Recreational	12	13
Adaptive Alpine	18	24
Nordic	430	508
Biathlon	14	16
Alpine and Nordic	14	17