

# REGINA SKI CLUB NORDIC TRIPS

WE'VE ADDED AN ADDITIONAL BUS TRIP TO OUR SCHEDULE!  
A QUICK RESPONSE FROM YOU WILL DETERMINE IF IT WILL HAPPEN  
AND THE WEATHER HAS TO BE COOPERATIVE AS WELL.

## GOOD SPIRIT LAKE PROVINCIAL PARK

SATURDAY, MARCH 4, 2023

Adult \$40 - Child \$20

For inquiries and to register call  
Kim Smith, Trip Coordinator  
(306) 540-6767

Good Spirit Lake Provincial Park offers 19 km of trails groomed for cross-country skiing along the south-eastern shores of the lake.

The trails are generally well sheltered offering a smooth send off for the first four kilometers, to the ski shack, centralized on the main trail. Further along this trail, six trails, averaging about a kilometer each, loop on and off the main line. These trails allow for figure eight skiing among each joining trail, again near the shelter allowing for short loop skiing and access to warming up at the shelter. As you proceed sand dunes reach up to offer more of a challenge and great views of our unique, ongoing horizon.

The trails are well groomed and there is good signage at the junctions. Everyone can ski these trails.

### Good Spirit Lake Cross-country Ski Map

<https://www.tourismsaskatchewan.com/listings/1804/good-spirit-lake-provincial-park-trails>

(Click "Docs and Maps" then on "Map Good Spirit Lake Provincial Parks Map")

Membership to a registered provincial ski club is required.  
Regina Ski Club members have seating priority.

Please register with trip coordinator before payment.

### Payments

- Cash or Cheques delivered to the trip leader
- Cheques (Regina Ski Club) indicating the specific trip on the cheque.
- Or to e-transfer contact the trip coordinator for details.

All payments are required two weeks before departure date, February 18th.

The bus loads at 7:30am at the Sask Power parking lot and leaves at 8:00am.  
Members may want to bring a lunch as there is no restaurant at the trail head.

We'll be departing the trails by 4:00pm.

5:00pm Dinner Buffet - The Chalet Restaurant - 385 Broadway St. E. Yorkton  
Back to Regina at 8 - 8:30pm